

*We see a world
that works for everyone.*



August 2024 Bulletin

This Month's Theme – Unstatus Quo

Recommended Reading: *Spiritual Bypassing: When Spirituality Disconnects Us from What Really Matters* by Robert Augustus Masters

August 4 – Rev. Russ Legear, "The Impact of "Othering"

August 11 – Dr. Edward Viljoen, "Trauma 101"

August 18 – Dr. Edward Viljoen, "Let's Talk About Sex, Baby"

August 25 – Dr. Edward Viljoen, "The Truth About Wholeness and Disability"

Sunday Service Times

We offer two identical, in-person services at the Center. One is at 9 am; the other is at 11 am.

The 9 am service is broadcast live and recorded for viewing afterwards on our website.

Youth Program

Children of all ages are welcome to attend our youth program led by Youth & Family Coordinator Jennifer Caldwell. While parents attend the 11 am service, their children can enjoy age-appropriate activities with other kids. Check-in begins at 10:45 am. If you would like to volunteer or get details and more information, contact Jennifer Caldwell at jennifer.caldwell@cslsr.org.

One-on-One Prayer with a Practitioner

Tell a practitioner what is in your heart, and you will receive prayer to affirm that your desired good is present and available to you. Available in the sanctuary after both morning services and on Zoom at 10 am. The Zoom link is <https://cslsr.org/zoom-prayer/>

Wednesday Evening Service

Join us at the Center at 7 pm for a mid-week spiritual boost. Enjoy music, prayer, spiritual practice, a message, and more. In-person only. The service is not broadcast or recorded.

Member Assistance Program

From time to time we all need a little help from our friends. And sometimes what's really needed is money. A portion of monetary contributions to the Center is set aside in a fund ready to be drawn upon by members in times of need. If you have been a member of the Center for at least one year and have a giving intention on file, you are eligible to apply for one-time financial assistance. Our confidential Member Assistance Program is a shining example of members helping members. For more information, go to <https://cslsr.org/member-assistance-program/>

Quilt Raffle Benefits Project Sleep Warm

You can win a beautiful lap quilt generously donated by a member of the Santa Rosa Quilt Guild for a raffle to benefit Project Sleep Warm, which sews quilts for area unsheltered women and children. Raffle tickets are \$1 each or 6 for \$5, available from Stepping Stones Books & Gifts. The drawing will be on Labor Day, September 2.

CSL Sluggers Softball Team

The Center's co-ed softball team continues to play ball on Monday nights at Santa Rosa's Community Park Field 2. Come out and root for the team! Start times vary. Use the following link to learn more:

<https://www.teamsideline.com/sites/srcity/schedule/552552/Monday-Northwest-Community-Park-Field-2>

Sharing Our Bounty: Sunday, August 25

We invite you to bring your flowers, fruits, veggies, and baked goods to share from 10 to 11 am. The Center provides coffee, tea, and breakfast treats. Open to everyone, whether or not you bring something. Please bring your own bag to fill with bounty from the sharing tables. Since this fun event takes place between the 9 and 11 am services, stay after or come early to your preferred service.

Ernest Holmes Lending Library (Upstairs)

Our library is located upstairs above the coffee serving area of the Social Hall. We are open every Sunday from 10 am to 12:30 pm. We have books, audio recordings, and video recordings on a wide variety of subjects that are of interest to our spiritual community. We also have multiple copies of textbooks used in some of our classes and patrons are welcome to borrow these books for the duration of the class. Anyone

Spiritual Coaching

If you have benefited from prayer sessions on Sunday, give yourself the gift of a full, confidential fee-for-service practitioner session via phone or Zoom. Your practitioner supports you by clarifying with you your next step in spiritual growth and applying affirmative prayer to make it so. Contact a practitioner through the online practitioner directory at <https://cslsr.org/members/practitioners/>

Upcoming Classes and Workshops

Look for registration information on the homepage of our website, www.cslsr.org.

- **(S) Your Authentic and Innate Goodness**, three-week spiritual enrichment course with Dr. Edward Viljoen begins Monday, August 5 from 6 to 7:30 pm in person at the Center and on Zoom.
- **(S) Enneagram: A Map to Wholeness**, four-week spiritual enrichment course with Kathy Galvin, RScP, begins Thursday, August 8, from 10 to 11:30 am on Zoom.
- **(B) Accepting the Gifts of Imperfection: Slow Down, Help Out, Wake Up**, four-week book study of *Wholehearted* by Zen Buddhist teacher Koshin Paley Ellison. Begins Wednesday, August 14, from 11:30 am to 1 pm on Zoom.
- **(C) Spiritual Principles and Practices**, six-week core class with Rev. Russ Legear begins Monday, September 2, from 6:30 to 8:30 pm in person at the Center.
- **(C) Essential Ernest Holmes**, eight-week core class with Christine Ruddy, RScP, begins Thursday Sept. 5 from 6:30 to 9pm on Zoom.
- **(W) Who Am I, All the Time?** workshop with Peggy Weber, RScP, on Saturday, Sept. 14, from 10 am to 12 pm.
- **(B) What's In the Way, is the Way**, ten-week book study with Rev. Tara Steele begins Wednesday, Sept. 18, from 11:30 am to 1 pm.

Contacts for Spiritual Support

- For grief support, call Rev. Siota Belle at (707) 527-3650.
- To have someone pray with you, call our Telephone Prayer Ministry, (707) 527-3484. Leave your name and number; a prayer practitioner will return your call.
- To hear an inspirational message and prayer, call Dial-a-Thought, (707) 527-3545.
- To request hospital or home telephone visits, call Heart in Hand, (707) 527-3574.
- If you want to submit a written prayer request while the Center is open on Sunday, you will find prayer request forms and the prayer box on a table in the hallway between the Social Hall and the office wing. You can also submit prayer requests online: <https://cslsr.org/online-prayer-request/>
- For additional spiritual support, click on "Resources" at the top of our homepage, <https://www.cslsr.org>.
- To have a one-on-one appointment with a prayer practitioner for coaching and prayer, go to <https://cslsr.org/members/practitioners/> and contact the practitioner of your choice. Fees apply.

Art in the Social Hall

For the months of July and August the featured art in the Social Hall is by Catherine Lecce-Chong. If you are a member of the Center and would like to exhibit your work, please contact Bob Hart at rihart9@gmail.com.

Every Time You Shop at Oliver's Market...

...the Center receives a donation at no cost to you. Please stop by the literature display in the Social Hall for information on how to sign up.

Don't Miss a Thing!

- To see a list online of all upcoming Center events, go to <https://cslsr.org/events/>
- For a monthly calendar view of our events, go to <https://cslsr.org/events/month/>

Our Nonprofit Partner Program

Each year the Center selects twelve nonprofit partners from nominations submitted by individuals in our community. We feature one of them each month. For August it is Common Ground Society, serving families who have loved ones with any sort of unique need while also educating our community on how to be inclusive. To learn more about our nonprofit partner program and to see a list of all 12 partners for 2024, go here: <https://cslsr.org/our-nonprofit-partners/>

Sunday Flower Dedications

At the Center we use flowers to send messages of love. You can purchase a flower arrangement for the stage. After the last service, you may take the flowers home, or you can donate them to decorate the Center during the week. Click here for the order form: <https://cslsr.org/sunday-flower-dedication/>

Online Resources

- AFFIRMATIVE PRAYER LIBRARY
Read a prayer on a subject of your choice. You can search the prayers by subjects such as Health, Peace, Grief and Loss, Abundance, and more. The link to the prayer library is <https://affirmativeprayerlibrary.blogspot.com/>
- ONLINE PRAYER REQUESTS
Use our website to submit a prayer request for our practitioners to pray on. The link to the prayer request form is <https://cslsr.org/online-prayer-request>

Social Media

- Facebook Group: <https://www.facebook.com/groups/centerforspirituallivingsantarosa>
- Facebook Page: <https://www.facebook.com/centerforspirituallivingsantarosa>
- Instagram: <https://www.instagram.com/cslsantarosa/>
- Stepping Stones Facebook Page: <https://www.facebook.com/Stepping-Stones-Bookstore-116152508558>
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Our Online Blogs

- Dr. Edward's Blog: <https://edblogword.blogspot.com/>
- En Español: <https://enespanolcslsr.blogspot.com/>
- (NEW) Exploring Spiritual Study at the Center: <https://exploringspiritualstudy.blogspot.com/>
- New Life Celebrations: <https://cslsrlifecelebrations.blogspot.com/>
- New Thought Resources: <http://newthoughtresources.blogspot.com/>
- Remembrance Pages: <https://communityremembrancepages.blogspot.com/>
- Volunteer Blog: <http://cslsr.blogspot.com/>
- Wednesday Night Live: <https://wednesdayeveningsatthecenter.blogspot.com/>
- Youth and Family Ministry: <https://youthandfamilyministry.blogspot.com/>

DAILY AND WEEKLY GATHERINGS

MONDAY AFTERNOONS

Life Visioning Practice. Every Monday from 12 noon to 1 pm on Zoom, we practice consciously opening to the still small voice within. Facilitators are Antonio Aversano; Rev. Joyce Duffala; Angél Fiorito, RScP; and Katrina Borneman, RScP. The Zoom link is <https://tinyurl.com/lifevisionmondays> You can download and/or listen to previous sessions at <https://tinyurl.com/CSLSR-Life-Vision-Library>

MONDAY THROUGH FRIDAY

Daily Practice: Generating Love, Every weekday, Monday through Friday, from 10 to 10:25 am. The Zoom link is <https://tinyurl.com/GeneratingLove> You can use a video of this meditation practice on your own at any time: <https://vimeo.com/489089737>

TUESDAY AFTERNOONS

Cancer Thrivers. We provide mutual support for those actively dealing with cancer. We meet on Tuesdays from 1 to 2:30 pm. Contact: Kathy Galvin, RScP, at kgWrites@comcast.net

WEDNESDAY EVENINGS

Wednesday Meditation: Inviting the Sacred. Every Wednesday from 6 to 6:45 pm on Zoom. The new Zoom link is <https://tinyurl.com/WedEveMed>

WEDNESDAY EVENINGS

Wednesday Evening Service. Mid-week spiritual boost every Wednesday from 7 to 7:45 pm in person at the Center. Details: <https://wednesdayeveningsatthecenter.blogspot.com/>

MONTHLY MEETINGS

FIRST SUNDAY

Full Circle: Conversations About Death & Dying, 1 to 2:30 pm (August 4)

We meet on Zoom to provide education, spiritual support, conversation, and resources about death and dying. Our monthly meetings are also a time to share and connect around the many ways dying can inform us about living and how valuable it is to have a spiritual practice. Everyone is welcome.

SECOND TUESDAY

Seniors in Spirit, 12 noon (August 13)

We meet at Round Table Pizza on Occidental Road near the Center for lunch, friendship, prayer support, and to plan outings together as a group. Text Norma Miller at (707) 328-9771 to reserve your place at lunch.

FOURTH THURSDAY

Board of Trustees, 5:30 pm (August 22)

Except for executive sessions, board meetings are open to the public. The Zoom link is <https://us02web.zoom.us/j/82409732515>. No meeting in March since this is the month of the Annual Member Meeting. Dates for November and December may vary due to holidays.

THIRD SATURDAY

Project Sleep Warm, 10 am to 1 pm (August 17)

We meet at the Center in Room 7 (upstairs) to make comforters and coverlets for unsheltered women and children. Contact: Brenda Kobrin, RScP, at (707) 566-6785.

LAST DAY OF THE MONTH

Peace Meditation, 7 pm (Saturday, August 31)

Except in October, when we meet on the 30th, and December, when we meet at 4 am, we meet at 7 pm to pray for peace on our planet. For more information, contact Vivian Strand, RScP Emeritus, at (707) 953-1917. The Zoom link is <https://tinyurl.com/CSLPeaceMed>